

# HOW TO MAKE A LETTER OF LOVE

your very own card how-to, brought to you by lol



# CARD REMINDERS

When in doubt, just write something that you would like to hear in a time of struggle.)

**1**

Each and every card must contain only loving and supportive words of encouragement

**2**

No "Feel better soon" "Get better soon", etc. The heartbreaking fact is that some children are in hospice and unfortunately know that they will not get better. These cards cause more harm than help.

**3**

If you are comfortable, please sign your name and age! It gives a more personal touch to the cards and makes our heroes feel a little more special

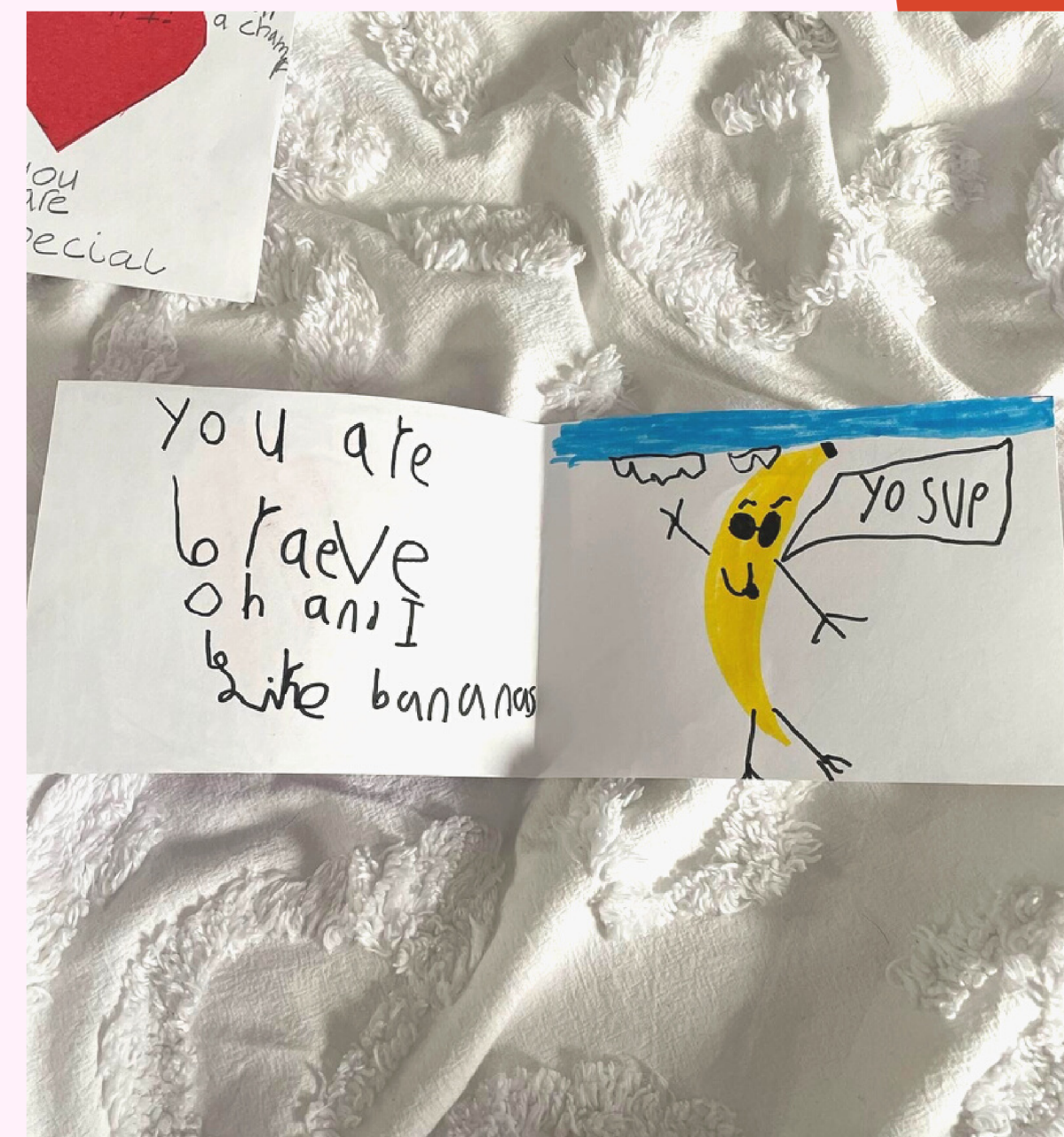
# CARD EXAMPLES

reminder- they can be short, sweet & simple, or have more content:) as long as they are filled with love. follow @letterswelove on Instagram for tons of inspo!

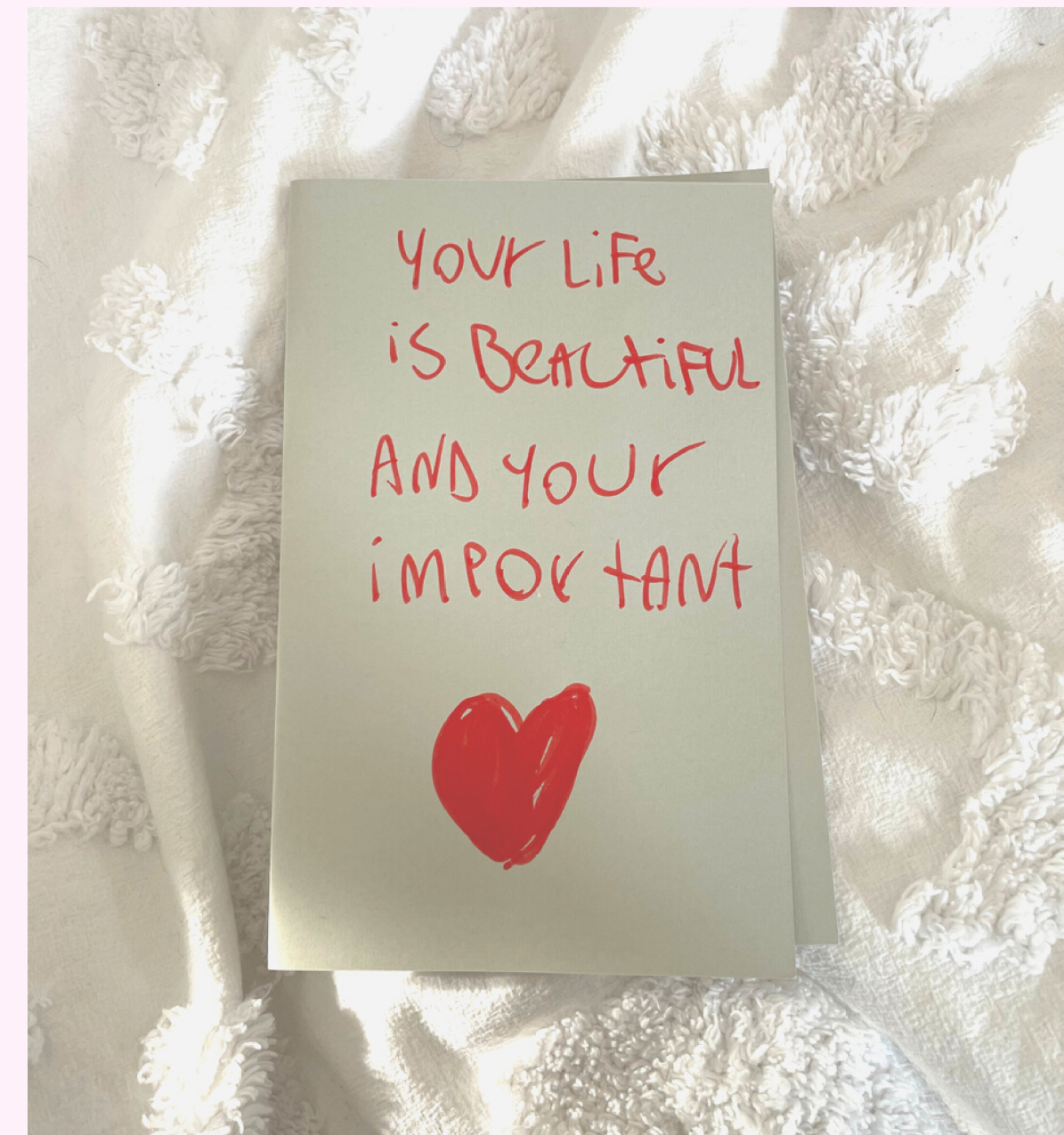
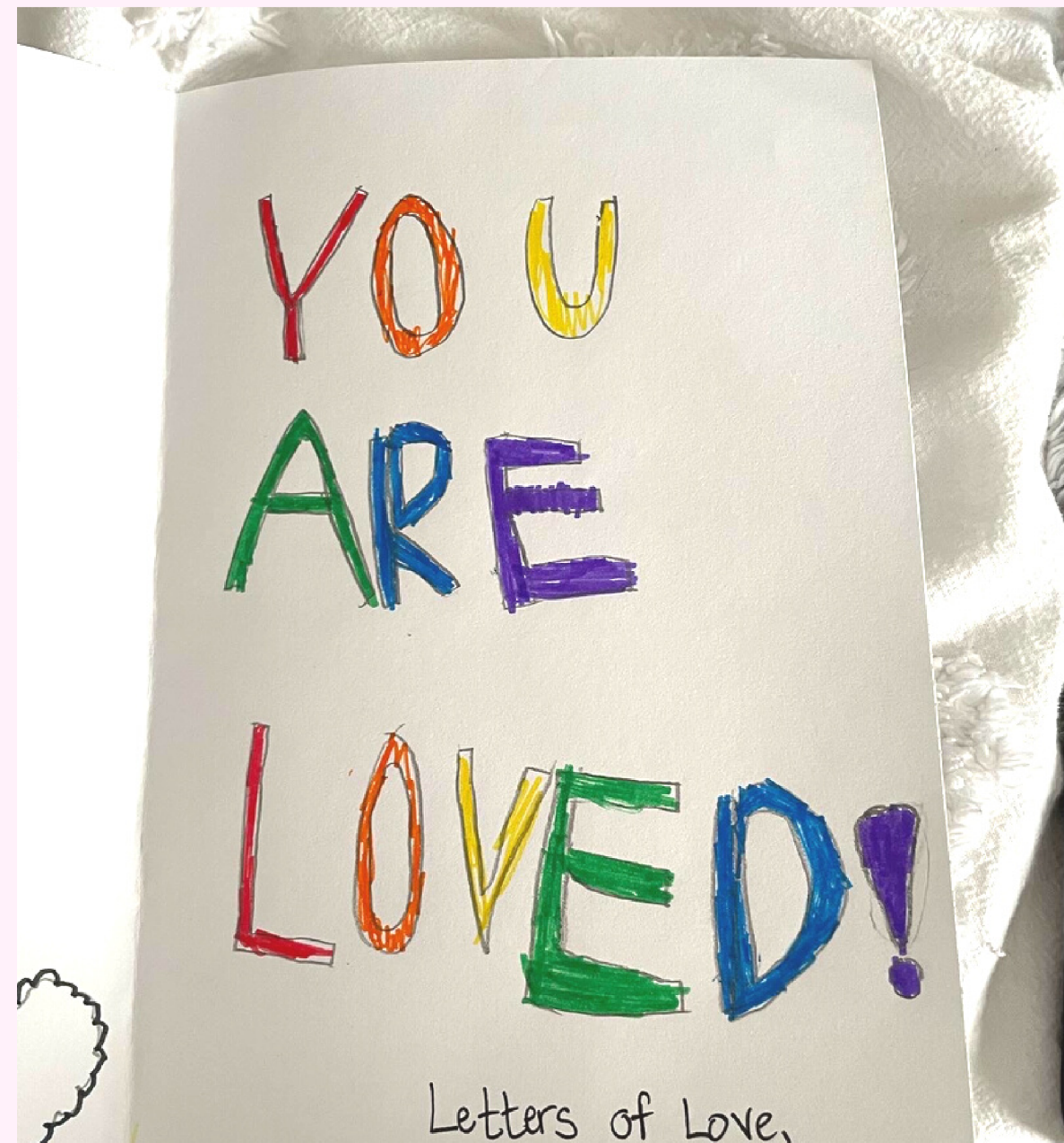
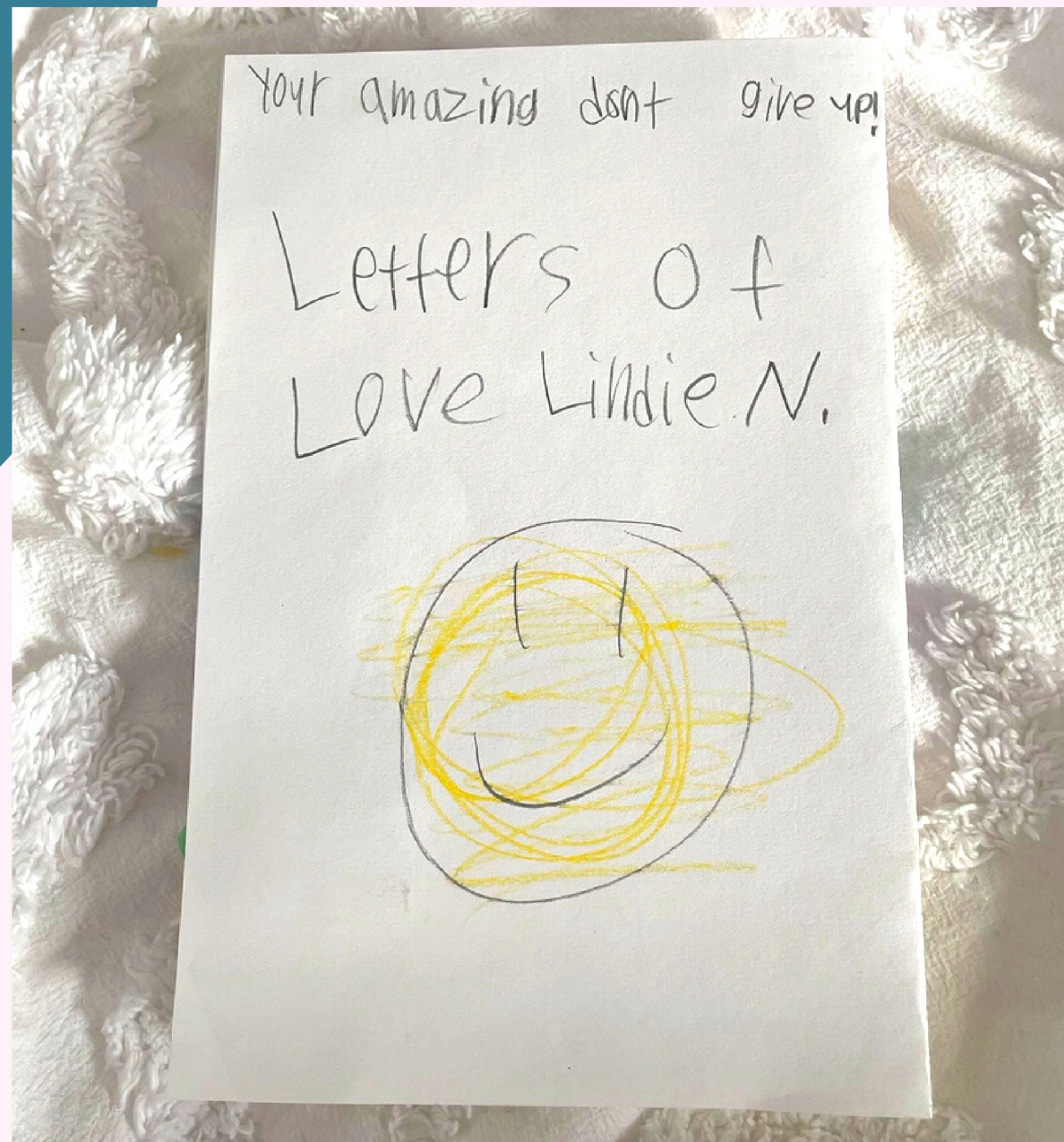


hi love!  
you are so beyond  
strong! we're sending  
lots of love your  
way! keep smiling,  
you're beautiful!

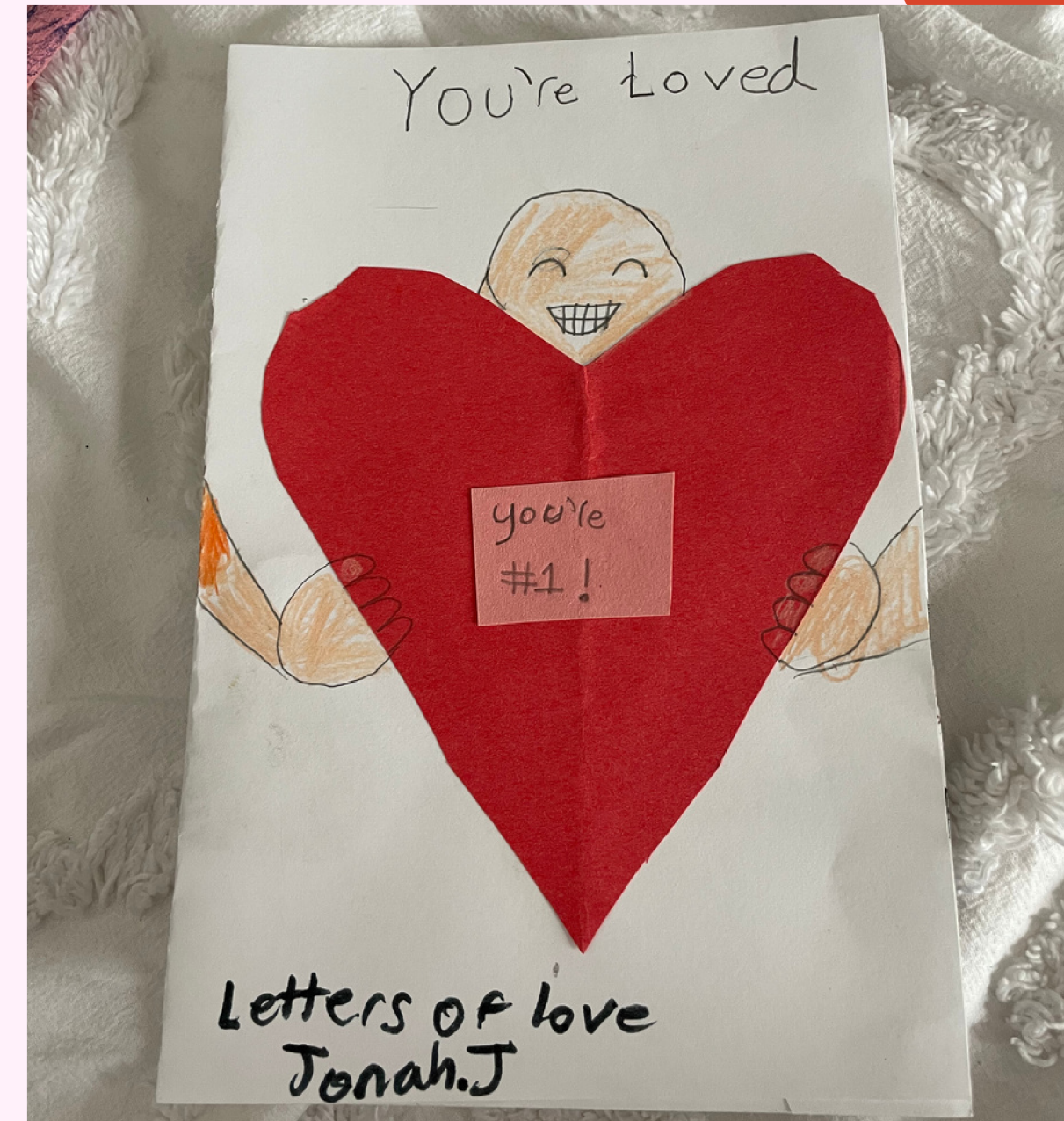
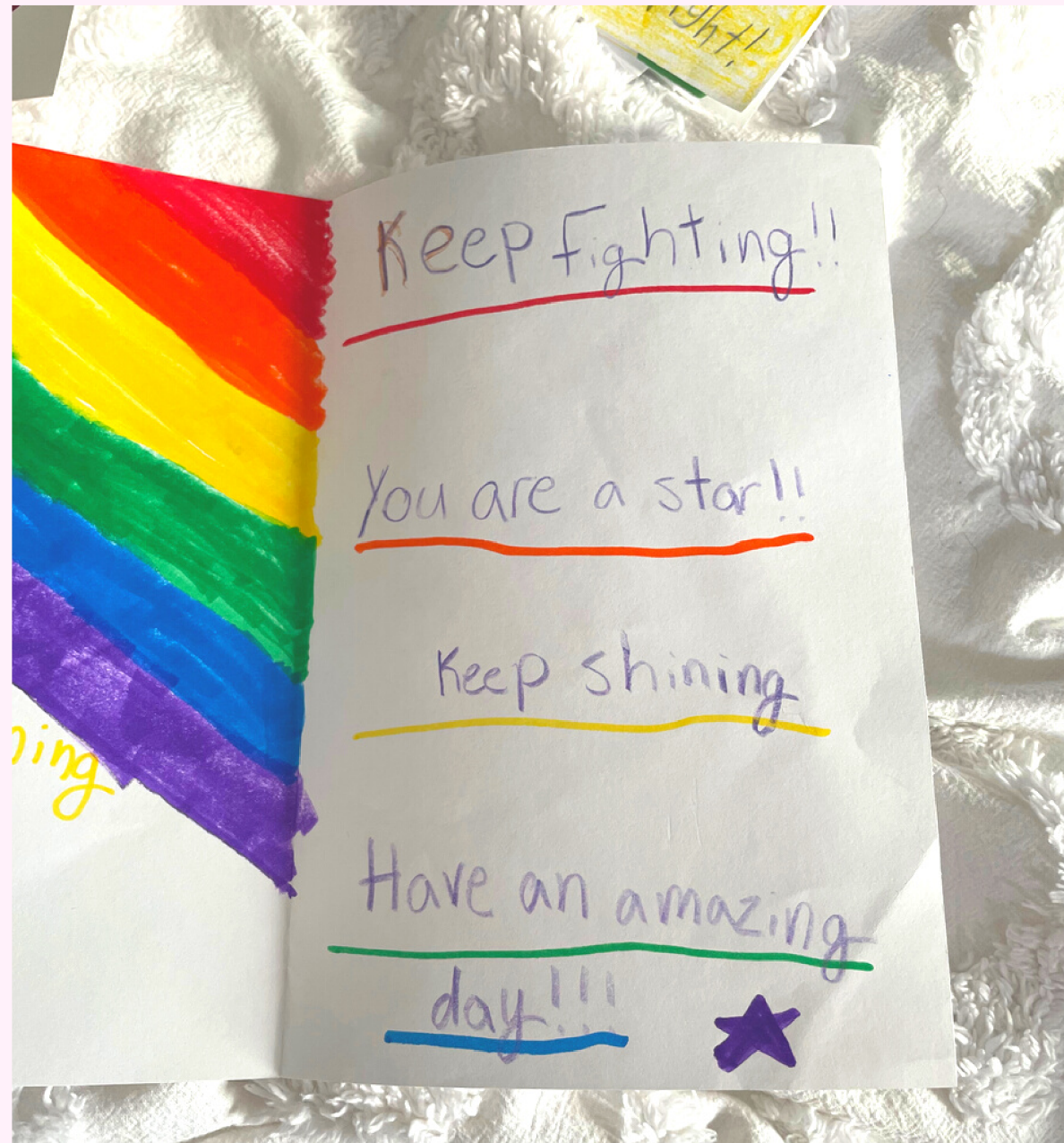
♡♡ Addie T  
(letters of love)



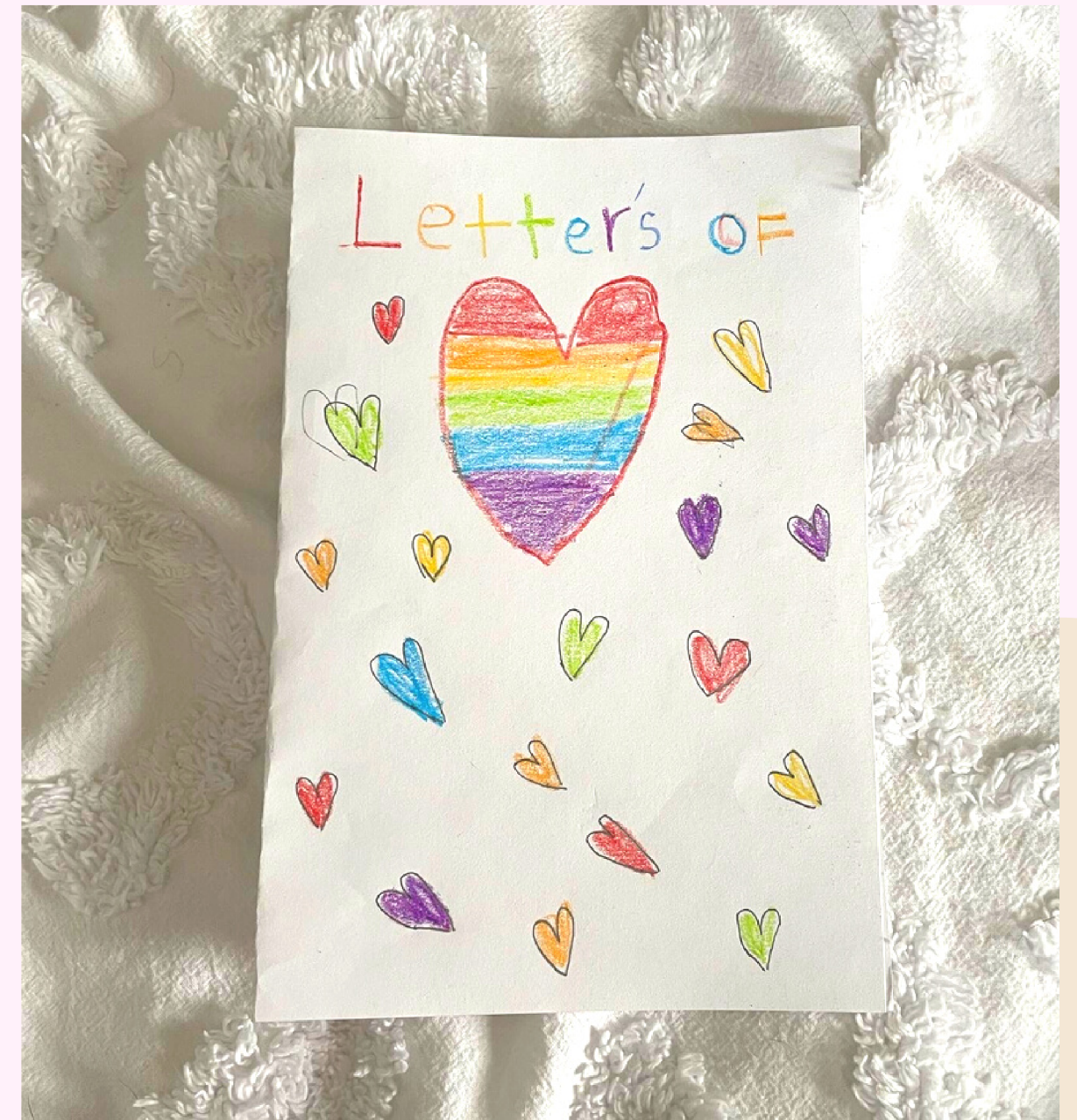
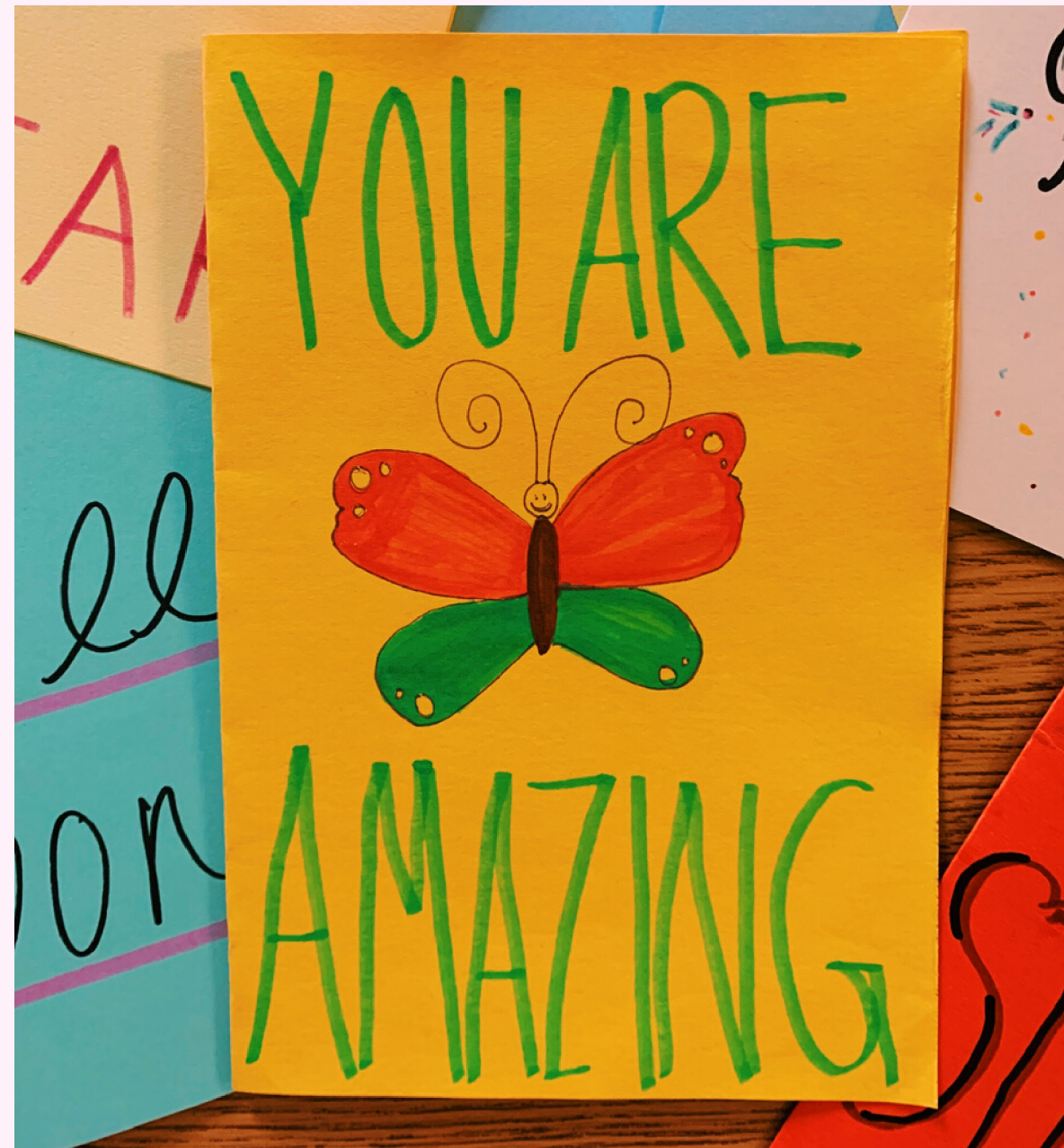
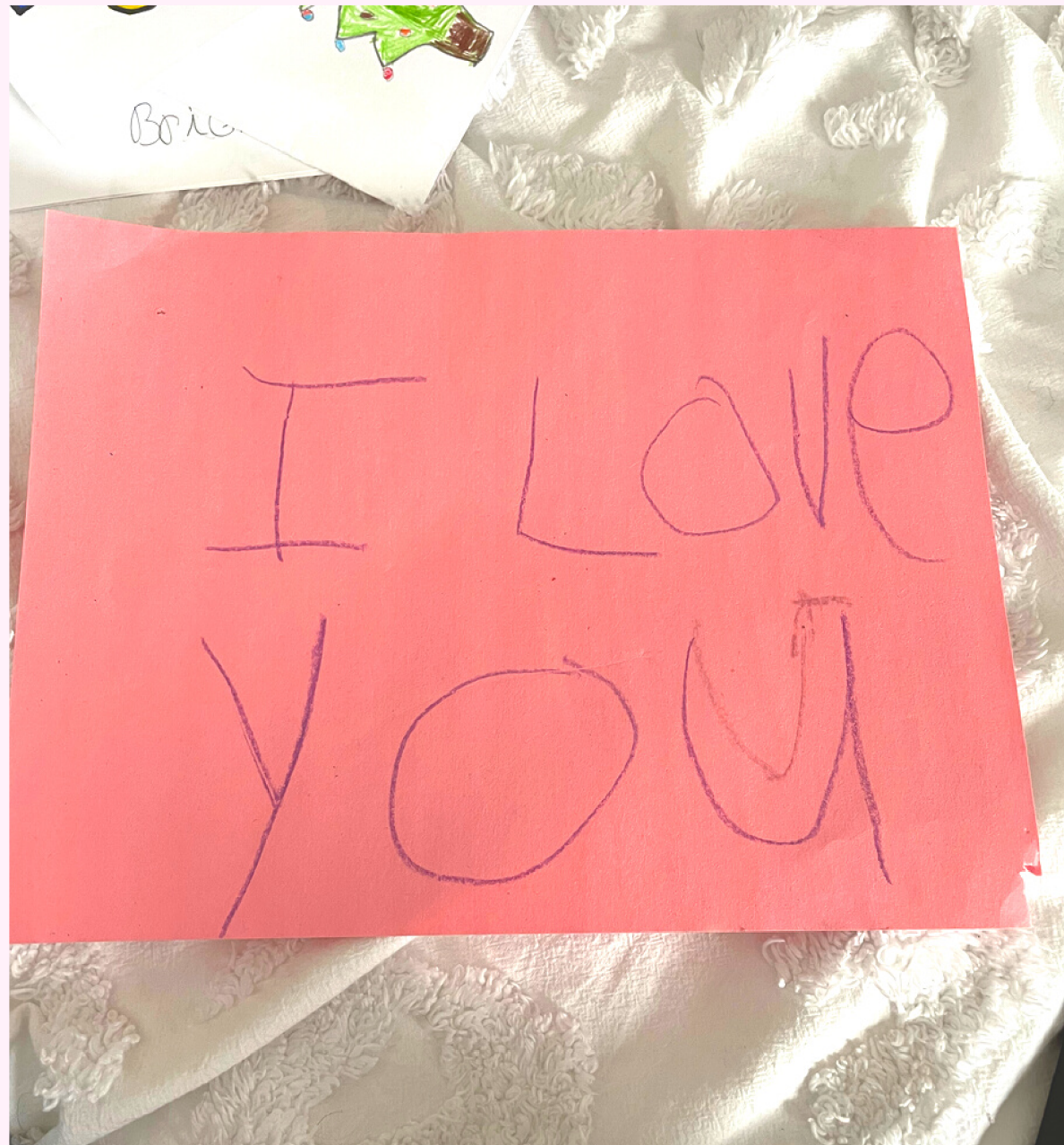
# CARD EXAMPLES



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# SENDING CARDS IN?



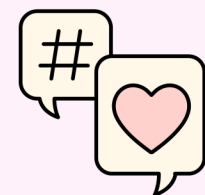
please send your cards to:

Letters of Love  
P.O. Box 354  
Long Lake, MN 55356

# THE BOTTOM LINE



Being apart of LOL means you are helping to spread kindness to patients in children's hospitals around the world. We can't thank you enough!

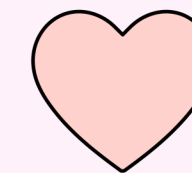


Follow our socials to keep up with where we're donating cards!

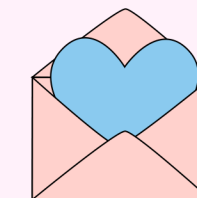
instagram:  
[@lettersofloveglobal](https://www.instagram.com/lettersofloveglobal)



We will send your cards to any children's hospital you would like, anywhere in the world. If you don't specify a certain hospital, we will send the cards to your most local hospital



We spread the message that you don't need money to make a difference, just kindness



Every card you make is donated to a child in need of some extra love and support. Keep this in mind when you are making cards, that you may be the only source of happiness for a child that day.



# CARD PHRASE IDEAS

Here are just a few phrases you can use in your cards:) Truly, anything that is kind, loving, and uplifting is perfect! Please keep in mind and be sensitive to the fact that some patients know that they will not get through their battle. And please remember to sign your name!



**you are loved**



**you matter**



**you are my  
hero**



**you are so  
brave**



**i look up to you**



**you are  
amazing**



**ABSOLUTELY NO: get well soon, feel better, you'll get through this, you will be okay, you will get better, I hope you get better, keep fighting, stay strong**

**as some patients are chronically ill or in hospice care**

# SOME FINAL REMINDERS.

Thank you for helping  
us change the world  
with kindness, one card  
at a time. <3



- **Please sign your cards with your name!**
  - Although this seems like a small detail, it helps to show that you are a real person that made this card and that truly cares. Isak Hedeem is paralyzed from the waist down, and good friends with the LOL founder. We did a large card drive for him, and he spoke at our last gala. Isak explained how important and extremely meaningful signing your name is. He said it is the most important part of each card.
- **Please remember: NO "Feel better soon" "Get well soon", "Get better".**
  - The heartbreaking truth is that some children are in hospice and unfortunately know that they will not get better, so these cards cause more harm than help.